

WALKtober Fall Fitness Challenge

Official Scorecard

Directions: For every day you walk/exercise 30 minutes, color in the leaf for that day. To be eligible for the grand prizes, you will need to earn 23 or more leaves for the entire month!






SUNDAY

MONDAY




TUESDAY

WEDNESDAY

THURSDAY

						1	
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	
16	17	18	19	20	21	22	
23	24	25	26	27	28	29	
30	31						

How Do I Submit My Total Number of Leaves Earned?

-  You will receive an email on October 31st asking you to submit your total number of leaves earned.
-  The deadline to submit this will be November 3rd @ 4:00pm.
-  Grand Prizes Winners will be announced via email on Friday, November 4th.

Total Leaves Earned: / 31